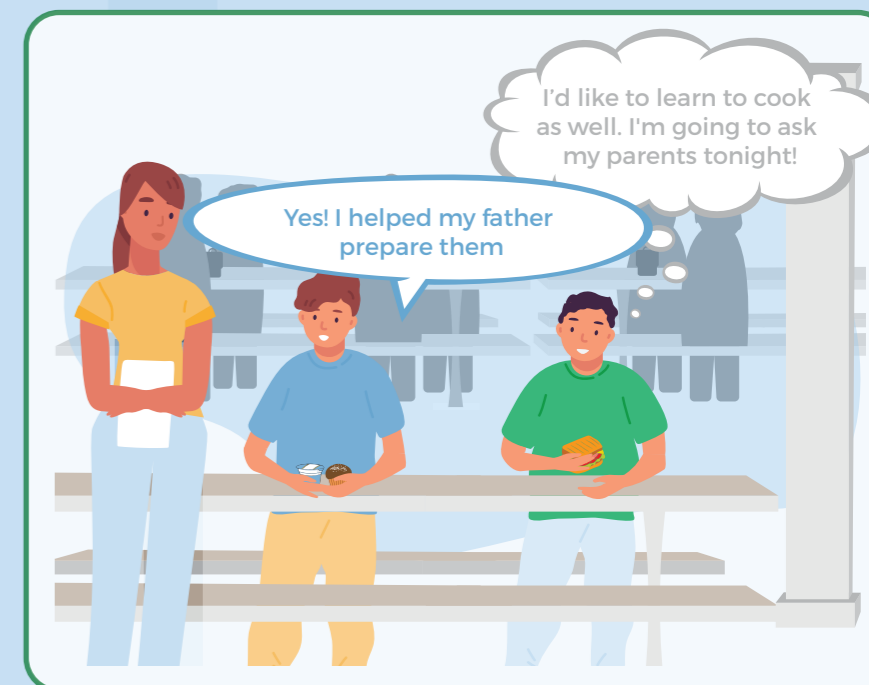
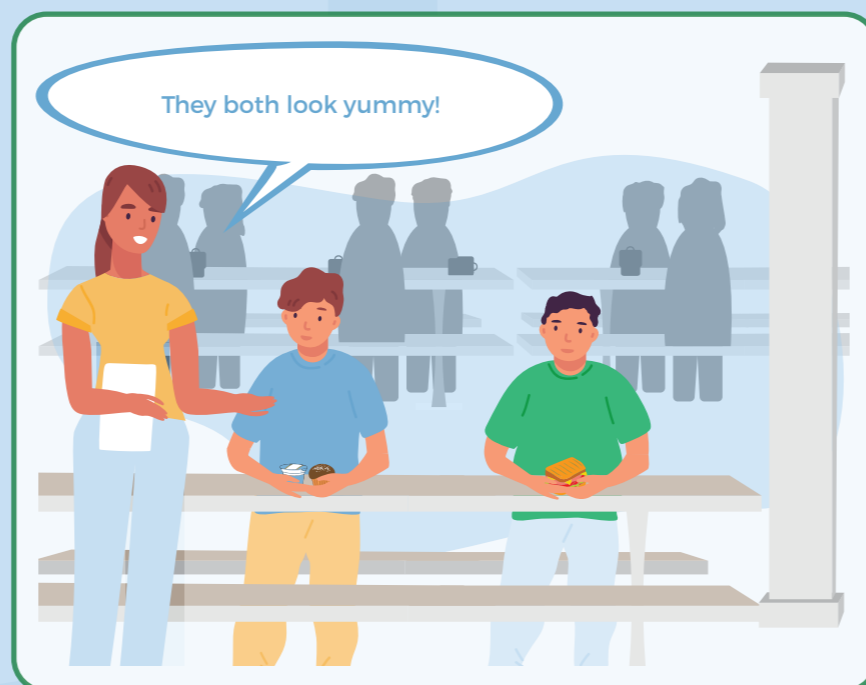
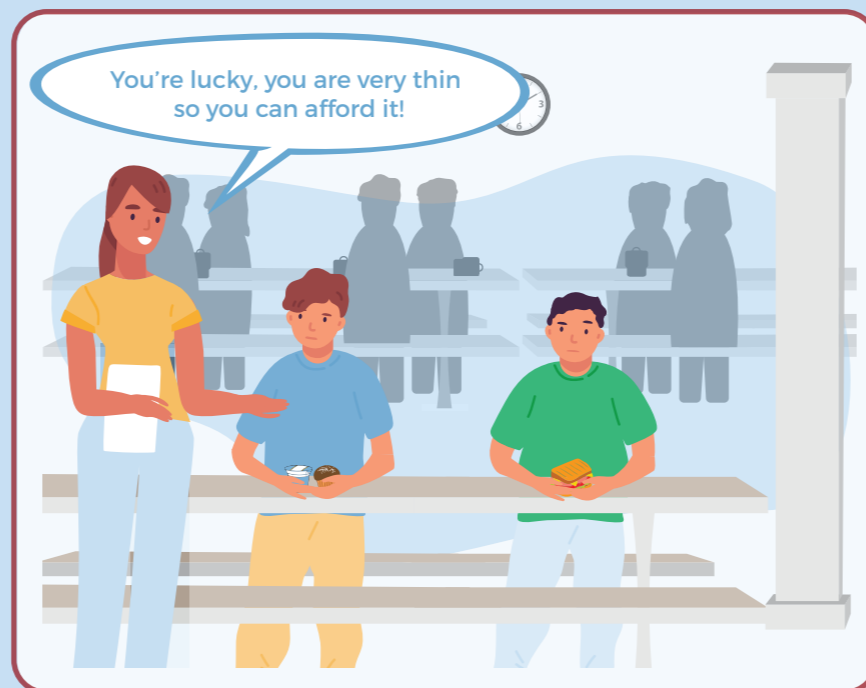


# EATING WITH PLEASURE



For other resources, check out the complete toolkit!

**LET'S ENCOURAGE the PLEASURE of eating and avoid associating food with weight.**